

**Health History Questionnaire**

Welcome! To help me provide you with the best possible care, please fill out this form.  
All the information will be kept confidential in your patient file.

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Email: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Who referred you: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Address: \_\_\_\_\_  
Insurance Carrier: \_\_\_\_\_ Name on Plan: \_\_\_\_\_  
Member/Subscriber ID: \_\_\_\_\_ Group ID: \_\_\_\_\_  
SS# number: \_\_\_\_\_ If it was due to an accident was it at  
work \_\_\_ or a car accident: \_\_\_ Name of auto insurance co.: \_\_\_\_\_  
Date of injury: \_\_\_\_\_ Where and how injury occurred: \_\_\_\_\_

Claim number: \_\_\_\_\_ Adjuster's name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Address: \_\_\_\_\_

For information only. No contact will be made without your permission:

Name of your main health care provider: \_\_\_\_\_  
Form of medicine: \_\_\_\_\_ Phone: \_\_\_\_\_ Date and reason  
for last visit: \_\_\_\_\_

Other provider: \_\_\_\_\_  
Form of medicine: \_\_\_\_\_ Phone: \_\_\_\_\_ Date and reason  
for last visit: \_\_\_\_\_

What are your chief complaint(s)?: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did it/they begin? \_\_\_\_\_ Is it getting better or worse?: \_\_\_\_\_  
What kind(s) of treatment have you tried, and have they been helpful? \_\_\_\_\_

\_\_\_\_\_

Please list past medical problems: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Surgeries: \_\_\_\_\_

Childhood illnesses: \_\_\_\_\_

Please check all the boxes that are now or have been a part of your health history:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> arthritis               | <input type="checkbox"/> emotional unrest | <input type="checkbox"/> kidney disorder        |
| <input type="checkbox"/> allergies               | <input type="checkbox"/> eye, ear, nose   | <input type="checkbox"/> lung related disorder  |
| <input type="checkbox"/> anemia                  | <input type="checkbox"/> fatigue          | <input type="checkbox"/> ob/gyn difficulties    |
| <input type="checkbox"/> bleeding/bruising       | <input type="checkbox"/> genital problem  | <input type="checkbox"/> pain or numbness       |
| <input type="checkbox"/> high/low blood pressure | <input type="checkbox"/> headaches        | <input type="checkbox"/> rapid weight gain/loss |
| <input type="checkbox"/> cancer, lumps, tumors   | <input type="checkbox"/> heart disease    | <input type="checkbox"/> seizures               |
| <input type="checkbox"/> diabetes                | <input type="checkbox"/> hypoglycemia     | <input type="checkbox"/> skin problems          |
| <input type="checkbox"/> digestive disorder      | <input type="checkbox"/> injuries         | <input type="checkbox"/> urinary disorder       |
| <input type="checkbox"/> dizziness               | <input type="checkbox"/> insomnia         | <input type="checkbox"/> other                  |

Current medications, including vitamins, herbs, and other supplements.

\_\_\_\_\_ dosage: \_\_\_\_\_ for how long: \_\_\_\_\_

\_\_\_\_\_ dosage: \_\_\_\_\_ for how long: \_\_\_\_\_

\_\_\_\_\_ dosage: \_\_\_\_\_ for how long: \_\_\_\_\_

\_\_\_\_\_ dosage: \_\_\_\_\_ for how long: \_\_\_\_\_

Any known allergies: \_\_\_\_\_

Do you have or have you been exposed to: HIV/AIDS \_\_\_\_\_

Hepatitis \_\_\_\_\_

Other information that is important for me to know? \_\_\_\_\_

\_\_\_\_\_

In case of emergency, contact: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

**Office Policy:** All fees for medical services are due at the time of each treatment. If you have insurance which covers acupuncture, I will be happy to assist you in preparing your claim. If you need to cancel an appointment, please give a minimum of 24 hours notice to avoid cancellation fees. Date: \_\_\_\_\_ Signature: \_\_\_\_\_